


 <p>क.रा.बी.नि. E.S.I.C.</p>	<p>தொழிலாளர் அரசு காப்பீட்டுக்கழகம் कर्मचारी राज्य बीमा निगम EMPLOYEES' STATE INSURANCE CORPORATION தொழிலாளர் வேலையாட்புத்துறை, இந்திய அரசு श्रम एवं रोजगार मंत्रालय, भारत सरकार Ministry of Labour &amp; Employment, Govt. of India</p>	 <p>सत्यमेव जयते</p>	<p>தொழிலாளர் அரசு காப்பீட்டுக்கழகம் மருத்துவமனை, தொழிலாளர் அரசு காப்பீட்டுக்கழகம், தொ.அ.கா வளாகம், பூலுவப்பட்டி-திருமுருகன்பூண்டி, திருப்பூர் 641603 कर्मचारी राज्य बीमा निगम अस्पताल, ई एस आई कै पस, पुलुवापट्टी - तिरुमुगन पूंडी रिंग रोड, तिरुपुर - 641 603 Employees' State Insurance Corporation Hospital, Pooluvapatti to Thirumurugan Poondi ring road, Tiruppur - 641 603</p>
<p>ई-मेल/Email : ms-tiruppur.tn@esic.gov.in * वेबसाइट/Website : www.tiruppurhospital.esic.gov.in</p>			

No.514-E/13/12/Yogaday/2024/ESICHTPR

Dated : 20.06.2025

**CIRCULAR TO ESIC STAKEHOLDERS/ BENEFICIARIES**

Sub: Celebration of International Day of Yoga on 21<sup>st</sup> June, 2025.

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In recognition of the relentless efforts of the Hon'ble Prime Minister of India, the United Nations General Assembly (UNGA) declared June 21 as the International Day of Yoga through its resolution dated 07.11.2014. The International Day of Yoga (IDY) 2025 will be celebrated on 21 st June 2025 with the theme "Yoga for One Earth, One Health" reflects our collective aspiration to make the world healthier through Yoga, as per the directives of the Government of India.

**Activities for IDY 2025**

**1. Quiz and Pledge**

As part of the IDY celebrations, Ministry of Ayush, Government of India, has organized a quiz and a pledge. All stakeholders, employers, insured persons, insured women and beneficiaries are encouraged to participate on a large scale.

Quiz URL: <https://quiz.mygov.in/quiz/international-day-of-yoga-2025-quiz/>

Pledge URL: <https://pledge.mygov.in/yoga-for-health/>

All participants will receive an e-certificate through the portal upon completion.

**2. Reporting Participation**

Stakeholders and employers are requested to compile and share the list of names of those who have participated in the quiz and pledge with MS Cell or [ms-tiruppur.tn@esic.gov.in](mailto:ms-tiruppur.tn@esic.gov.in) for record-keeping and recognition.

**3. Yoga Sangam Event**

National integration, Health and wellness, Cultural Heritage and Awareness and Accessibility are the objectives of the Yoga sangam.

ESIC Hospital, Tiruppur, is registered as an organizer for the flagship event 'Yoga Sangam' on **21.06.2025 from 06:30 AM to 07:45 AM**. The Hospital is officially registered with the organizer number **YS1750390919769**. All are invited to participate and contribute to the national success of this event. Participants are requested to share their details with MS Cell or [ms-tiruppur.tn@esic.gov.in](mailto:ms-tiruppur.tn@esic.gov.in) after the event.

  
20/06/2025

(Dr.R. Srinivasan)

Medical Superintendent  
ESIC Hospital, Tiruppur

To

- 1). All Stakeholders of ESIC/ IPs/Beneficiaries
- 2). All Employees ESIC Hospital, Tiruppur